



# GROUP CLASS SCHEDULE

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00 AM	SUNRISE CYCLE 2ND FLOOR W/ADAM		SUNRISE CYCLE 2ND FLOOR W/ADAM		
8:00 AM		ZUMBA GOLD GROUP X W/ELENA			ZUMBA GOLD GROUP X W/ELENA
9:00 AM	AQUA ZUMBA POOL W/ELENA	AQUA ZUMBA POOL W/ELENA	AQUA ZUMBA POOL W/ELENA	AQUA ZUMBA POOL W/ELENA	AQUA ZUMBA POOL W/ELENA
10:30 AM		BOOM!!! GROUP X W/MANNY		BOOM!!! GROUP X W/MANNY	
11:45 AM - 1:45 PM	NOON BALL GYM	PICKLEBALL GYM	NOON BALL GYM	PICKLEBALL GYM	NOON BALL GYM
12:00 PM		NOON CYCLE 2ND FLOOR W/JADE			
5:30 PM	ZUMBA GROUP X W/ELENA ----- WATER AEROBICS POOL	ZUMBA GROUP X W/FERN	ZUMBA GROUP X W/ELENA ----- WATER AEROBICS POOL	ZUMBA GROUP X W/FERN	ZUMBA GROUP X W/ELENA OR FERN ----- WATER AEROBICS POOL
5:45 PM				EVENING CYCLE 2ND FLOOR W/JADE	