

POOL SCHEDULE

YMCA OF THE COASTAL BEND

SUMMER 2025

Sun	Mon	Тие	Wed	Thu	Fri	Sat
FUUL	6-9 Lap Swim 9-10 Aqua Zumba 10-11 Camp Swim 11-1 Lap Swim/Swim Lessons 1-4 Camp Swim 4-5:30 Open Swim 5:30-6:30 Aquacise 6:30-7pm Open Swim	9-10 Aqua Zumba 10-11 Camp Swim 11-1 Lap Swim/Swim Lessons 1-4 Camp Swim 4-6:30 Swim Lessons 6:30-7pm Open Swim	6-9 Lap Swim 9-10 Aqua Zumba 10-11 Camp Swim 11-1 Lap Swim/Swim Lessons 1-4 Camp Swim 4-5:30 Open Swim 5:30-6:30 Aquacise 6:30-7pm Open Swim	9-10 Aqua Zumba 10-11 Camp Swim 11-1 Lap Swim/Swim Lessons 1-4 Camp Swim 4-6:30 Swim Lessons 6:30-7pm Open Swim	6-9 Lap Swim 9-10 Aqua Zumba 10-11 Camp Swim 11-1 Lap Swim/Swim Lessons 1-4 Camp Swim 4-5:30 Open Swim 5:30-6:30 Aquacise 6:30-7pm Open Swim	9-12:30 Lap Swim 12:30-2pm Open Swim

SUMMER POOL SCHEDULE WILL GO INTO EFFECT JUNE 2nd

<u>Please shower before entering the pool</u>

Remember to share your lane during lap swim.

Lifeguard in-services are held monthly, which may affect pool hours of operation. Changes will be announced ahead of time. If lightning is in the area, the pool will remain closed for 30 minutes following each strike 15 miles from the facility.

Lap Swim- Pool designated for lap swimmers and water lane walkers only.

Open Swim- Pool designated for lap swimmers, aquacise, recreational swimming, etc. Members expected to share pool with all other participants.

Family Swim – Pool designated for Families only.

Aquacise/Aqua Zumba: Pool designated for Group Exercise Class Participants; we encourage you to join in!!

(SWIM LESSONS MAY TAKE PLACE AT ANY TIME IN THE POOL. INSTRUCTORS WILL BE MINDFUL OF POOL SPACE AND RESPECT OTHER MEMBERS IN THE POOL)

SEE THE FRONT DESK FOR MORE INFORMATION