



POOL SCHEDULE

YMCA OF THE COASTAL BEND

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WINTER/SPRING 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
POOL CLOSED	6-9AM Lap Swim 9-10AM Aqua Zumba 10-1PM Lap Swim 1-5:30PM Shared Swim 5:30-6:30PM Water Aerobics 6:30-7PM Family Swim	9-10AM Aqua Zumba 10-1PM Lap Swim 1PM-6PM Shared Swim 6PM-7PM Family Swim	6-9AM Lap Swim 9-10AM Aqua Zumba 10-1PM Lap Swim 1-5:30PM Shared Swim 5:30-6:30PM Water Aerobics 6:30-7PM Family Swim	9-10AM Aqua Zumba 10-1PM Lap Swim 1PM-6PM Shared Swim 6PM-7PM Family Swim	6-9AM Lap Swim 9-10AM Aqua Zumba 10-1PM Lap Swim 1-5:30PM Shared Swim 5:30-6:30PM Water Aerobics 6:30-7PM Family Swim	9-10AM Lap Swim 10-12PM Shared Swim 12-2PM Family Swim

***POOL SCHEDULE WILL GO INTO EFFECT MARCH 1st**

Please shower before entering the pool

Remember to share your lane during lap swim.

Lifeguard in-services are held monthly, which may affect pool hours of operation. Changes will be announced ahead of time.

If lightning is in the area, the pool will remain closed for 30 minutes following each strike 10 miles from the facility.

Lap Swim- Pool designated for lap swimmers and water lane walkers only.

Shared Swim- Pool designated for lap swimmers, aquacise, recreational swimming, etc. Members expected to share pool with all other participants.

Family Swim – Pool designated for Families only.

Aquacise/Aqua Zumba: Pool designated for Group Exercise Class Participants; we encourage you to join in!!

(SWIM LESSONS MAY TAKE PLACE AT ANY TIME IN THE POOL. INSTRUCTORS WILL BE MINDFUL OF POOL SPACE AND RESPECT OTHER MEMBERS IN THE POOL)

SEE FRONT DESK FOR MORE INFORMATION