



POOL SCHEDULE

YMCA OF THE COASTAL BEND

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FALL/WINTER 2024-2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
POOL CLOSED	6-9AM Lap Swim 9-10AM Aqua Zumba 10-2PM Lap Swim 4-5:30PM Shared Swim 5:30-6:30PM Water Aerobics 6:30-8:30PM Open Swim	6-9 Lap Swim 9-10 Aqua Zumba 10-2 Lap Swim 4-6:30 Shared Swim 6:30-8:30 Open Swim	6-9AM Lap Swim 9-10AM Aqua Zumba 10-2PM Lap Swim 4-5:30PM Shared Swim 5:30-6:30PM Water Aerobics 6:30-8:30PM Open Swim	6-9 Lap Swim 9-10 Aqua Zumba 10-2 Lap Swim 4-6:30 Shared Swim 6:30-8:30 Open Swim	6-9AM Lap Swim 9-10AM Aqua Zumba 10-2PM Lap Swim 4-5:30PM Shared Swim 5:30-6:30PM Water Aerobics 6:30-8:30PM Open Swim	8-9AM Lap Swim 9-12PM Shared Swim 12-1 Lap Swim 1-3:30 Open Swim

***FALL POOL SCHEDULE WILL GO INTO EFFECT AUGUST 12th**

Please shower before entering the pool

Remember to share your lane during lap swim.

Lifeguard in-services are held monthly, which may affect pool hours of operation. Changes will be announced ahead of time.

If lightning is in the area, the pool will remain closed for 30 minutes following each strike 10 miles from the facility.

Lap Swim- Pool designated for lap swimmers and water lane walkers only.

Open Swim- Pool designated for lap swimmers, aquacise, recreational swimming, etc. Members expected to share pool with all other participants.

Aquacise/Aqua Zumba: Pool designated for Group Exercise Class Participants, we encourage you to join in!!

(SWIM LESSONS MAY TAKE PLACE AT ANY TIME IN THE POOL. INSTRUCTORS WILL BE MINDFUL OF POOL SPACE AND RESPECT OTHER MEMBERS IN THE POOL)

SEE FRONT DESK FOR MORE INFORMATION