



YOUTH PROGRAMS

Summer Camp

5/28-8/9 7:30 a.m.-6 p.m.; Ages: 4-12

Full week fee:

\$130/week+\$30 deposit M

\$160/week+\$30 deposit NM

\$10 late fee if picked up after 6 p.m.

Free swim lessons, field trips included, lunch and snacks provided.

YMCA Valor Youth Boxing

Ages: 5-10

Dates: Mon-Fri

Time: 6 p.m. - 7 p.m.

Fee: \$60 M/\$75 NM

Ages: 11-17 Dates: Mon-Fri

Time: 7 p.m. - 8 p.m.

Fee: \$60 M/\$75 NM



AQUATICS

Private Swim Lessons

Ages: 3-77

30 minutes - 3 sessions \$55 M/ \$75 NM

30 minutes - 6 sessions \$85 M/ \$105 NM

30 minutes - 12 sessions \$145 M/ \$165 NM

Semi Private Swim Lessons

Two or three participants around the same age and skill level

Ages: 3-15

Prices per participant

30 minutes - 1 session \$20, Members only

30 minutes - 6 sessions \$70, Members only

30 minutes - 12 sessions \$120, Members only

FREE PRIVATE SWIM LESSONS

Thanks to an outstanding partnership with the Nueces County Public Health District, the YMCA has the opportunity to offer FREE swim lessons to those who qualify.

Please ask for our YMCA Stronger Together Financial Assistance Application to get started.

Bingo By the Bay

Dates: Every Friday until Aug. 16

Times: 7:30 p.m. to sunset

No registration necessary! Come out to The Bay Jammin Cinema Series every Friday for some free Bingo. Winners will receive prizes and free YMCA Program Registrations.

Dive-In Movies

Ages: All Ages

Dates: Aug. 10

Time: 3:30 p.m. - 5:45 p.m.

Individual Fees: \$5 M/\$8 NM. Children under 2 free

Family Fees: \$15 M/\$20 NM

YMCA Fall Tritons Flag Football

Ages: 8-12

Registration Dates: July 22 - Sept. 16

Late Registration: Sept. 1

Dates: Oct. 7 - Dec. 7

Fee: \$55 M/\$75 NM

YMCA Fall Volleyball League

Ages: 8-14

Registration Dates: July 22 - Sept. 16

Late Registration: Sept. 1

Dates: Oct. 7 - Dec. 7

Fee: \$55 M/\$75 NM

YMCA FALL LIL' LEGENDS SOCCER LEAGUE

Ages: 3-5

Registration Dates: July 22 - Sept. 16

Late Registration: Sept. 1

Dates: Oct. 7 - Dec. 7

Fee: \$55 M/\$75 NM

Parents Night Out

Ages: Potty Trained - 12

Dates: Aug. 2

Time: 6 p.m. - 11 p.m.

Fee: \$20 M/\$25 NM/\$5 per additional child

Register for programs in person at the YMCA or by visiting our website ymca-cc.org



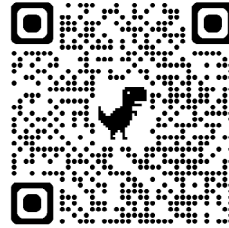
YMCA OF THE COASTAL BEND

AUGUST 2024 PROGRAM GUIDE



BOXING BY THE BAY

We are excited to announce the YMCA Boxing by the Bay: Champions for Charity Event! See local celebrities face off in the ring. Our teams are still growing, but confirmed boxers include Ben Molina, Marcus Lozano, James Michael Magill, Rob Leon. Karo Azali, Chinaz Koch, Alexa Gignac, Lori Lee Garcia, Rita Rodriguez Brem, Jessica Salinas and Erika Mendez. Sponsorship opportunities are available. Get your tickets today!



HEALTHY LIVING LEARNING SERIES

Join us at the YMCA on Aug. 6 and 7 as we continue our Healthy Living Learning Series!

Aug. 6: 5:30 p.m. Zumba or BodyPump

6:30 p.m. Dianne Teran, Alzheimer's Association presents "Healthy living for your brain and body."

Aug. 7: 9 a.m. Aqua Zumba/10 a.m. Silver Sneakers Boom

11 a.m. Dianne Teran, Alzheimer's Association presents "Healthy living for your brain and body."



alzheimer's association®

HEALTH & FITNESS

Karate Classes

Ages: 6+
Dates: Tue, Thu, 8 p.m. - 8:45 p.m.
Sat, 1:00 p.m. - 1:45 p.m.
Fee: \$60 M/\$75 NM

Self Defense Classes

Members only Group Exercise Class
Dates: Tue, Thu, 7 p.m. - 7:45 p.m.
Sat, 12:00 p.m. - 12:45 p.m.
Fee: Free for YMCA Members

YMCA Cooking Class

Dates: July 27, Aug. 24
Time: 3 p.m. - 5 p.m.
Family Fee: \$20 M/\$25 NM
Individual Fee: \$10 M/\$15 NM

YMCA Nutrition Class

Dates: July 20, Aug. 17
Time: 12 p.m. - 1 p.m.
Youth Fee: \$5
Adult Fee: \$10
Family Fee: \$20



Country Western Dance Classes

Dates: June 18, 25, July 2, 9, 16, 23
Times: 6:45 p.m. - 9 p.m.
Fee: \$35/M, \$45/NM

Not So Bored Game Afternoon

Dates: July 20, Aug. 3, 17
Times: 12 p.m. to 7 p.m.
Fee: Free for members!, \$5 NM
Dinner, sponsored by Little Ceasars will be provided

MEMBERSHIP TYPES

- Youth (Ages 3-17)
\$15 w/monthly draft. \$0 join fee
- Young Adult (Ages 18-30)
\$30 w/monthly draft. \$15 join fee
- Adult (Ages 31-64)
\$55 w/monthly draft. \$50 join fee
- Senior Adult (Ages 65+)
\$40 w/monthly draft. \$25 join fee
- Senior Couple (1 indiv. required to be age 65+)
\$55 w/monthly draft. \$30 join fee
- Single parent family (1 adult with up to 6 children)
\$60 w/monthly draft. \$50 join fee
- Family (2 adults with up to 6 children)
\$70 w/monthly draft. \$75 join fee

CHILD WATCH HOURS

Monday - Friday: 5 p.m. - 8 p.m.

Saturday: 9 a.m. - Noon

Ages: 6 weeks - 8 years old



Scholarships Available for Memberships & Programs Based on Financial Need.