



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Spring 2024 YMCA OF THE COASTAL BEND

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-9 a.m. LAP SWIM	6-9 a.m. LAP SWIM	6-9 a.m. LAP SWIM	6-9 a.m. LAP SWIM	6-9 a.m. LAP SWIM		
9-10 a.m. ZUMBA CLASS	9-10 a.m. ZUMBA CLASS	9-10 a.m. ZUMBA CLASS	9-10 a.m. ZUMBA CLASS	9-10 a.m. ZUMBA CLASS	8-9 a.m. LAP SWIM	
10 a.m.-2 p.m. LAP SWIM	10 a.m.-2 p.m. LAP SWIM	10 a.m.-2 p.m. LAP SWIM	10 a.m.-2 p.m. LAP SWIM	10 a.m.-2 p.m. LAP SWIM	9-12 p.m. SHARED SWIM	
					12-1 p.m. LAP SWIM	
4-5:30 p.m. SHARED SWIM	4-6:30 p.m. SHARED SWIM	4-5:30 p.m. SHARED SWIM	4-6:30 p.m. SHARED SWIM	4-5:30 p.m. SHARED SWIM	1-3:30 p.m. OPEN SWIM	POOL CLOSED
5:30-6:30 p.m. AQUACISE		5:30-6:30 p.m. AQUACISE		5:30-6:30 p.m. AQUACISE		
6:30-8:30 p.m. OPEN SWIM	6:30-8:30 p.m. OPEN SWIM	6:30-8:30 p.m. OPEN SWIM	6:30-8:30 p.m. OPEN SWIM	6:30-8:30 p.m. OPEN SWIM		

This schedule is in effect from March 19 2024

- Pool schedule is subject to change without notice.
- Please shower before entering the pool.
- Remember to share your lane during lap times.
- Lifeguard in-services are held monthly, which may affect pool hours of operation. Changes will be announced ahead of time.
- Lap Swim- Pool designated for lap swim only.
- Open swim- Pool open for lap swimming exercising, etc. Members must share the pool with all other participants.
- Shared swim- Pool is designated for lessons, with shared space for a lap Lane and open swimming. Lessons are a priority.

*SWIMMING LESSON MAY BE HELD AT ANY DESIGNATED TIME. INSTRUCTORS WILL BE MINDFUL OF POOL SPACE AND WILL RESPECT MEMBERS IN THE POOL.

See front desk for more information.

YMCA OF THE COASTAL BEND

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