



Winter POOL SCHEDULE

YMCA OF THE COASTAL BEND *

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
WATER WORKOUTS	Aqua ZUMBA® 9:00 AM – 10:00 AM Water Aerobics 5:30 PM – 6:30 PM	Aqua ZUMBA® 9:00 AM – 10:00 AM	Aqua ZUMBA® 9:00 AM – 10:00 AM Water Aerobics 5:30 PM – 6:30 PM	Aqua ZUMBA® 9:00 AM – 10:00 AM	Aqua ZUMBA® 9:00 AM – 10:00 AM Aqua ZUMBA® 5:30 AM – 6:30 AM		
LAP TIMES	5:30 AM – 9:00 AM 11:00 AM – 1:30 PM 6:30 PM – 8:00 PM (1 lane only)	5:30 AM – 9:00 AM 11:00 AM – 1:30 PM 6:30 PM – 8:00 PM (1 lane only)	5:30 AM – 9:00 AM 11:00 AM – 1:30 PM 6:30 PM – 8:00 PM (1 lane only)	5:30 AM – 9:00 AM 11:00 AM – 1:30 PM 6:30 PM – 8:00 PM (1 lane only)	5:30 AM – 9:00 AM 11:00 AM – 1:30 PM 6:30 PM – 8:00 PM (1 lane only)	8:00 AM – 10:00 AM 12:00 PM – 2:00 PM	12:00 PM – 2:00 PM
FAMILY TIME	5:00 PM – 5:30 PM 6:30 PM – 8:00 PM	4:00 PM – 5:00 PM 6:30 PM – 8:00 PM	5:00 PM – 5:30 PM 6:30 PM – 8:00 PM	4:00 PM – 5:00 PM 6:30 PM – 8:00 PM	4:30 PM – 5:30 PM 6:30 PM – 8:00 PM	2:00 PM – 4:30 PM	2:00 PM – 4:30 PM
LESSONS & PROGRAMS	Swim Lessons 3:30 PM – 5:00 PM	Swim Lessons 5:00 PM – 6:30 PM	Swim Lessons 3:30 PM – 5:00 PM	Swim Lessons 5:00 PM – 6:30 PM	Swim Lessons 10:00 AM – 12:00PM		

*Schedule is subject to change. (Last updated 11/27/17)

* POOL WILL BE CLOSED DURING SWIM LESSONS

*Please shower before entering the pool

*Remember to share your lane during lap times

See front desk for more information