



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WINTER/SPRING POOL SCHEDULE

YMCA OF THE COASTAL BEND \* March thru August 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<b>WATER WORKOUTS</b>	<b>Aqua ZUMBA®</b> 9:00 AM – 10:00 AM  <b>Water Aerobics</b> 5:30 PM – 6:30 PM	<b>Aqua ZUMBA®</b> 9:00 AM – 10:00 AM	<b>Aqua ZUMBA®</b> 9:00 AM – 10:00 AM  <b>Water Aerobics</b> 5:30 PM – 6:30 PM	<b>Aqua ZUMBA®</b> 9:00 AM – 10:00 AM	<b>Aqua ZUMBA®</b> 9:00 AM – 10:00 AM  <b>Water Aerobics</b> 5:30 PM – 6:30 PM			
<b>LAP TIMES</b>	5:30 AM – 9:00 AM 10:30 AM – 1:30 PM  6:30 PM – 8:00 PM <b>(1 lane only)</b>	5:30 AM – 9:00 AM 10:30 AM – 1:30PM	5:30 AM – 9:00 AM 10:30 AM – 1:30 PM  6:30 PM – 8:00 PM <b>(1 lane only)</b>	5:30 AM – 9:00 AM 10:30 AM – 1:30 PM  6:30 PM – 8:00 PM <b>(1 lane only)</b>	5:30 AM – 9:00 AM 10:30 AM – 1:30 PM  6:30 PM – 8:00 PM <b>(1 lane only)</b>	8:00 AM – 10:00 AM 12:00 PM – 2:00 PM	12:00 PM – 2:00 PM	
<b>FAMILY TIME</b>	6:30 PM – 8:00 PM	4:30 PM – 5:00 PM 6:30 PM – 8:00 PM	6:30 PM – 8:00 PM	4:00 PM – 5:00 PM 6:30 PM – 8:00 PM	4:00 PM – 5:30 PM 6:30 PM – 8:00 PM	2:00 PM – 4:30 PM	2:00 PM – 4:30 PM	
<b>LESSONS &amp; PROGRAMS</b>	<b>Swim Lessons</b> 3:30 PM – 5:00 PM	<b>Swim Lessons</b> 5:00 PM – 6:30 PM	<b>Swim Lessons</b> 3:30 PM – 5:00 PM	<b>Swim Lessons</b> 5:00 PM – 6:30 PM		<b>Swim Lessons</b> 10:00 AM – 12:00PM		

**\*Schedule is subject to change.**

**\* POOL WILL BE CLOSED DURING SWIM LESSONS**

\*Please shower before entering the pool

\*Remember to share your lane during lap times

Important dates:

- Swim lesson sessions: **February:** Feb 20<sup>th</sup>-Apr 1st (Last day to register is Feb 13th)  
**April:** Apr 10<sup>th</sup>-May 20<sup>th</sup> (Last day to register is Apr 3rd)  
**May:** May 29<sup>th</sup>-Jun 17<sup>th</sup> (Last day to register is May 22nd)

**See Member Services for more information**